



palate | express

CASUALLY DELICIOUS

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# BREAKFAST MENU

## CONTINENTAL

**\$15 pp**

Sliced Seasonal Fruit Tray  
Chef's Seasonal Selection of Assorted  
Muffins, Petite Croissants, Scones  
Whipped Butter &  
Assorted Preserves Yogurt Bar, Seasonal  
Berries, Dried Fruit, Nuts &  
House Made Muesli

## BREAKFAST SANDWICH **\$16 pp**

Assorted Breakfast Sandwiches  
Seasonal Fruit Platter  
Honey Lime Yogurt

### **Choose 2 of the Following:**

Bacon, Egg & Cheese  
Sausage, Egg & Cheese  
Egg & Cheese  
Chicken Biscuits

# BREAKFAST MENU

## TRADITIONAL

**\$18 pp**

Seasonal Fruit Platter  
Honey Lime Yogurt  
Scrambled Eggs, Pork Sausage Links,  
Country Bacon or Chicken Sausage  
Creamy Stone Ground Cheese Grits or  
Southern Style Potatoes with Diced  
Peppers & Onions Buttermilk Biscuits  
Butter & Assorted Preserves

## EXECUTIVE

**\$20 pp**

Seasonal Fruit Platter  
Honey Lime Yogurt  
Scrambled Eggs  
Country Bacon  
Chicken or Pork Sausage  
Creamy Stone Ground Cheese  
Grits or Southern Style  
Potatoes with Diced Peppers &  
Onions  
French Toast  
Berry Compote & Maple Syrup





# LUNCH MENU

## CUSTOM WARM BUFFET

Choose from 1 salad, 1 Entree, 1 Side

**\$18 pp**

Choose from 1 salad, 2 Entrees, 2 Sides

**\$21 pp**

## ENTREES

Grilled chimichurri petite filet

Chicken marsala sauteed with a rich  
marsala mushroom Sauce

Chipotle rubbed pork tenderloin with a  
grilled apple relish

Chicken bruschetta baked with a tomato  
mixture and shredded parmesan

Mojo chicken grilled with an avocado  
mango salsa

Ginger soy salmon with a hoisin glaze

# LUNCH MENU

## SIDES & SUCH

Green beans with oven roasted tomatoes & caramelized onions

Sauteed seasonal vegetables

Parmesan crusted new potatoes

Smoked gouda mac and cheese

Herbed wild rice

Caesar Salad

House Salad

## SOUTH OF THE BORDER **\$21 pp**

Adobo Beef and Chicken Tacos

Beef and chicken fajitas

Served with shredded lettuce, salsa, sour cream, cheese, pico and flour tortillas, Blue corn tortilla chips, Fiesta salad - crisp romaine topped with tomatoes, avocado, corn, black beans and red onion and a jalapeno cilantro vinaigrette, Spanish rice, Charro beans





# LUNCH MENU

## OLD ITALY

**\$19 pp**


Classic caesar or house salad  
Beef lasagna, Baked ziti  
Garlic bread, Tuscan vegetables

## SLIDER BAR

**\$18 pp**

Choice of beef sliders with cheese and  
caramelized onion or chicken sliders with  
smokey BBQ sauce and cheese

Served with Mexican street corn



# LUNCH MENU

## GOURMET SANDWICHES

Option 1: Choose 2 Sandwich Selections  
& 1 Side **\$17 pp**

Option 2: Choose 3 Sandwich Selections  
& 2 Sides **\$19 pp**

Lunch Box Option: Choose 1 sandwich, chips  
& 1 dessert **\$15 pp**

California turkey croissant - deli turkey on a croissant w/ havarti, spinach, tomato, avocado & honey mustard sauce

Turkey club hoagie - deli turkey with bacon, swiss, lettuce, tomato and honey mustard

Grilled vegetable baguette with roast garlic aioli and balsamic glaze

French onion roast beef ciabatta - caramelized and fried onions, roast beef, swiss, roast garlic aioli, arugula and tomato

Bulgogi beef baguette - Roast beef with korean bbq sc, arugula and an asian pear slaw



# LUNCH MENU

## GOURMET SANDWICHES

Option 1: Choose 2 Sandwich Selections  
& 1 Side **\$17 pp**

Option 2: Choose 3 Sandwich Selections  
& 2 Sides **\$19 pp**

Lunch Box Option: Choose 1 sandwich, chips  
& 1 dessert **\$15 pp**

Chicken fajita wrap - Marinated grilled chicken, sauteed peppers and onions, shredded lettuce and cheddar in a spinach tortilla

Ham and swiss croissant with grainy mustard

Avocado chicken wrap with ranch dressing - shredded lettuce and tomato

Bistro beef baguette - sliced roast beef with horseradish sauce, caramelized onions, arugula and tomato

Roast beef baguette with crumbled goat cheese and spicy aioli, arugula and tomato





# ADDITIONAL ITEMS

## SIDES

**\$3 PER PIECE**

Tortellini Pasta Salad  
Fruit Salad  
Zapps Chips  
Caesar Salad

## DESSERTS

**\$2 PER PIECE**

Cookies  
Brownies  
Lemon Bars  
Strawberry Shortcake

## BEVERAGES

**\$3.75 PER PIECE**

Assorted soft drinks  
Assorted Bottled waters  
Bottled teas  
Bottled Lemonade  
Hot Coffee  
Bottled Juices



# ADDITIONAL ITEMS

## DIPS & SNACKS \$60 (SERVES 10 PEOPLE)

Bacon, Shrimp, and Corn  
Creamy style dip with cheddar cheese, scallions and crab boil seasonings. Served with fresh crostini

Three Cheese Spinach and Artichoke  
Our most popular dip - garlicky and hot, served with grilled focaccia

Buffalo Chicken Dip  
spicy and tangy, served with pita chips and celery

Chesapeake Crab Dip  
a cheesy dip served hot with assorted crackers

Mexican Street Corn Dip  
roast corn, chili spices and bacon in a creamy dip topped with queso fresco and scallions, served with blue corn tortilla chips